



SAHRIDHAYA



YEARS OF JOURNEY

WWW.SAHRIDHAYA.ORG



sahridhaya
let the heart smile

WHAT IS SAHRIDAYA?

Uniqueness | Opportunity | Commitment

We believe that every individual is unique. What makes one unique are their Talents, Skills and Values. Sahridhaya is a home for numerous talents, wide range of skill sets and the ones who treasure strong values that lasts for a lifetime. At Sahridhaya you will seize the right opportunity to use your talents and skills, keeping a hold on moral and ethical values that build and unites us. With these opportunities you can explore more areas that enhance yourself. When you excel in your domains you will always have the choice of sharing it. But, what completes it?

Every individual devoid of any classification are bound to one thing in many ways - commitment. Personally, socially and organisationally we all have promises to keep, those promises if not kept might create distress among us. But if kept with love it can create more smiles, stronger trusts and sustainable changes. What's lost with ignorance and laziness can be restored keeping our individuality and encountering correct opportunities.

WHY SAHRIDHAYA?

This is our responsibility

PUBLIC EVENTS

Sahridhaya believes in the power of a crowd and the mentality that drives them. The team engages in socially relevant issues by organizing public events to spread mass awareness that may otherwise be not looked into.



MEDICAL CAMP



In Udiyankulangara was our start, when Kerala was dominating with various types of fever we started Sahridhaya organising a medical camp in the rural side of Neyyattinkara Taluk in an auditorium with help of NIMS medi-city.

MATERIAL DONATION

More than 1000 kg of rice with supplies of soap, brush, toothpaste etc were donated to various deserving homes (orphanages, old age, autistics etc) in association with SCTCE. Also, study materials including a school bag, books, pencil kit etc needed for an academic year has been donated to the kids in treatment at SAT Hospital for various Nephro diseases.



LET THE WORLD SPEAK

It was a sensitization program organized by three non governmental social organizations Sahridhaya, Jyothirgamaya and Blind Rocks . It was organized on September 28th at the Shanghumugham beach. The basic purpose being, to remove the gap that our community created, dividing the community into handicapped and non handicaps. People from different parts of the globe, that is, the 2014.



Kanthari participants spoke on various issues, relating to disability and marginalization, and about their social projects, and their way of creating social change.

VOLUNTEERING PwD EVENTS

Right from the inception onwards we were involved with differently abled community in various ways. Sahridhaya had its active participation in the Ekata'2018, State Special Olympics for 20,000 differently abled sport person from 11th Jan-14th Jan 2018. We were one among the core committees of the event. Also in Badthe Kadham '14, which was the state cultural meetup and fest of differently abled.

CUB - Creating Unique Brains

The project is based on the concept that education is the process of acquisition of knowledge, skills, values, beliefs and habits beyond academic textbook lessons for young children. CUB intends to create a passion driven & organized learning environment for the students and involve them in problem solving methodologies through design thinking and experiential learning.



07

Engineering Life

Engineering Life - the brainchild of CUB is aiming to bridge the gap between school and college students by promoting the undergrads to impart their knowledge and expertise in a way that will develop problem-solving techniques and imbibe a fascination for technology in the younger minds.

Bit Please

Bit Please is an initiative by Sahridhaya for preparing engineering students for competitive programming tests and knowledge that is industrially recognized, thereby qualifying the students to take up programs like Google Summer of Code. The classes are held twice per week since August, 2018 and the students are trained by experts in the field.

Project Recycle - Summer Fellowship Program

The Bit please team enrolled in a summer fellowship` program organised by the Free/Libre and Open Source Software for Education (FOSSEE) department of IITB. A task was given that, requires the team to do a data analysis project. The team chose to collect the necessary data and analyse the waste managment system within the Trivandrum Muncipal Cooperation.

At the end of the project, the team engaged with the FOSSEE dedpartment of IIT-B and the members recieved seperate certificate for both tasks. The detailed report of the project is published in FOSSEE's website (<https://fossee.in/fellowship/2019>).

08

TextBook Companion - Bit Please

The team from bit please has enrolled in fellowship program in FOSSEE. A task was given to create a "Textbook Companion" or TBC. Any mathematical textbook which contained at least 80 numerical example problems had to be selected and those problems were to be programmed into "R", which is a programming language and free



software environment for statistical computing and graphics. The TBC work is available in the website of R division of FOSSEE (<https://r.fossee.in/textbook-companion/completed-books>)

Creating Smiles

In order to unite people who want to showcase talent and a set of people to appreciate this, we found various homes in Trivandrum as the perfect stage. Few of them are

We called this initiative as 'Creating Smiles'



Gift a Smile

For the last two years we had conducted projects with special focus towards the schools, students and orphanages with unmet needs, but are seldom looked into. The pilot project was organized at GR Public School, Trivandrum, Kerala on 23rd December, 2015 and had a dash of Christmas celebration behind the motive. The event witnessed over 100 school students from child care homes and orphanages in and around Trivandrum.



The goodies were collected from public. The second phase was organized as a renovation effort of libraries followed by the Kerala flood of 2018, in two schools of the flood-hit Aranmula, a city in Pathanamthitta for a total budget of Rs. 1 lakh. Currently, the team is working towards setting up a 'school radio' or a school's own FM station at the Karikkakom Government School, Trivandrum.

- 01 Sree karunya mission (a specially challenged home in Neyyattinkara)
- 02 Santhi mandiram (palliative care and rehabilitation centre for destitute and homeless in Vattapara)
- 03 Christian missionary service children home (Neyyattinkara)
- 04 Penile orphanage (Nellimoodu)
- 05 Cheshire home (palliative care for mobility challenged in Kowdiar)
- 06 Juvenile home (youth detention and care center of Govt of Kerala in Poojappura)
- 07 Sevashram (old age home in Thiruvananthapuram)
- 08 Sree guru raj mission (Specially challenged school in Neyyattinkara)
- 09 Mahila mandiram (women care centre in Poojappura)
- 10 Shishu vihar Vazhuthacaud (LP School)

Annual Trip

Since the past 4 years, Sahridhaya has been organizing annual trips for the students of Sree Karunya Mission to the Museum & zoo, Veli tourist village and planetarium in Trivandrum. This is done in association with Cult a Way, which is the cultural art fest of Sree Chitra Thirunal College of Engineering, Trivandrum. Sahridhaya believes that the



youth needs to be closely interlinked with each other to cultivate healthy relationships and empathy in the society. The same is also carried out on every independence day in association with the NSS unit of SCTCE.

HUB - Hatching Unique Brains

Hatching Unique Brain is a social intervention that will bring in learning environment and a community space for Socio Cultural Art & Tech activities together for public. The current office of Sahridhaya is being used for the same for understanding the possibilities. The project will focus on providing learning space



Quillpal

Quillpal is a platform to connect letter-writers and help them find pen-friends around the globe. In an attempt to take this exceptional experience to a larger audience, we are piloting a project in a government school in Seelampur, Delhi, among young girls across grades 7 and 8 from a Teach for India (TFI) classroom. Sahridhaya in association with



Quillpal team will look out for schools where we could pilot this activity in Kerala. Thus, young girls will write letters from North to South and vice versa in the pilot stage starting from this academic year.

BOX

The Box is an initiative that recently opened under Sahridhaya and Recycle Bin (an architecture/urban design firm). We facilitate a multidisciplinary platform that liberates information and develops a proactive network of individuals. Bridging the gap between ideas and innovation, we democratize knowledge to foster authentic creativity. Our objective is to provide an open design model for people to use in situations regarding the adaptable use of spaces and unused plots in the city.



We will combine people who wield different skill-sets and abilities through both theoretical and hands-on practical elements to provide an understanding of our spatial mapping process and land usage. Partnering with psychologists; we plan to explore how much our senses govern our relationship to our surroundings through specialised exercises and discussions.

PART OFF

BLOOM

It is conducted in association with KEBS and Thejus for last three years, a blood donation camp in the premises of Museum on the first Saturday of every month. Other than this, Sahridhaya has successfully organized Blood donation camps in various schools and public areas of Trivandrum.

GREEN ARMY

It is an initiative taken jointly by Sahridhaya, Trivandrum Municipal Corporation and various other NGOs in order to educate school children about sustainable living practices, solid waste management and thereby leading a zero waste lifestyle. It is a part of the Corporation's "My city, beautiful city" project. Harithanagarolsavam, Green protocol management during Attukal Pongala, annual competitions are some of the notable events.

Open Library for LIFE Foundation

An OPEN LIBRARY was set up for LIFE foundation with books ranging from preschool to specializations in various subjects for Ph.D. The concept of open library emphasized on the fact that knowledge should not be contained and must be available for all. The books were collected from households, students and other organizations thereby making them a part of an ecosystem where there is ample amount of knowledge available to everyone.

BURNOUT

As a part of the Burn Survivor Mission Savior Trust's activities, Sahridhaya organised a bike rally BURNOUT in order to spread awareness about the burn victims. The event was held on 4th of April at 5 pm and was flagged off by Dr. M.K Muneer (MLA, Kozhikode South) and Mr. Rajkumar R (DySP, SBCID, Tvpm). More than 100 bikes with around 150-200 riders pledged their support.

Renovating Sreekarunya Mission, Trivandrum

Sreekarunya Mission in Neyyattinkara is a special school for over 50 differently abled students. Sahridhaya's team took up the responsibility of renovating the school by repainting the classrooms and beautifying the surroundings. The task was undertaken by the volunteers of Sahridhaya.

BLOOM

Bloom is a blood donation movement which was jointly organized by Sahridhaya, All Kerala Blood Donors Society and other NGOs in the Museum, Trivandrum on every second Saturday. The general public were given awareness about safe blood donating procedures during the event and were requested to donate blood to the RCC.

VISITS

Sahridhaya has always focused on staying in touch with the society in addition to organizing events. The team visits orphanages and care homes often throughout the year. Sevashram, Cheshire home, Sreekarunya Mission are some of the homes that are regularly visited.

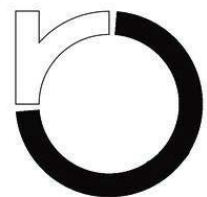
Makeover at Sisuvihar Government LPS School, Trivandrum

Sahridhaya took the responsibility of giving a makeover to the Sisuvihar government LPS school, Trivandrum. The team focused on making the campus cleaner and plastic free, and emphasized on making the surroundings greener.

Food Bank on Harthal /strike days

Sahridhaya took the responsibility of giving a makeover to the Sisuvihar government LPS school, Trivandrum. The team focused on making the campus cleaner and plastic free, and emphasized on making the surroundings greener.

ASK THEM ABOUT US



CONTACT US

+91 8289860669
Afsal Abdul Sathar

+91 8281963374
Ganga Dileep

info@sahridhaya.org